

PROVIDER REPORT FOR

DDS METRO REGION
OFFICE
465 Waverley Oak Road
Suite 120 Waltham, MA
02452

March 21, 2016

Version

Provider Web Report

Prepared by the Department of Developmental Services
OFFICE OF QUALITY ENHANCEMENT

SUMMARY OF OVERALL FINDINGS

Provider DDS METRO REGION OFFICE

Review Dates 2/9/2016 - 2/12/2016

Service Enhancement

Meeting Date

2/23/2016

Survey Team Mark Boghoian

Raymond Edi-Osagie

Cheryl Hampton Leslie Hayes (TL)

Lisa MacPhail

Danielle Vautour

Survey scope and findings for Residential and Individual Home Supports					
Service Group Type	Sample Size	Licensure Scope	Licensure Level	Certification Scope	Certification Level
Residential and Individual Home Supports	8 location(s) 8 audit (s)	Full Review	80 / 84 2 Year License 02/23/2016 - 02/23/2018		
Residential Services	8 location(s) 8 audit (s)			Full Review	14 / 14 Certified
Survey scope and findi	ngs for Emplo	yment and	Day Supports		
Service Group Type	Sample Size	Licensure Scope	Licensure Level	Certification Scope	Certification Level
Employment and Day Supports	1 location(s) 3 audit (s)	Full Review	47 / 48 2 Year License 02/23/2016 - 02/23/2018		
Employment Support Services	1 location(s) 3 audit (s)			Full Review	18 / 18 Certified

Survey scope and findings for Planning and Quality Management					
Service Group Type	Sample Size	Scope	Licensure Level	Certification Scope	Certification Level
Planning and Quality Management	N/A	N/A	N/A	Full Review	6/6 Certified

EXECUTIVE SUMMARY:

Metro Residential Services (MRS) is a state operated agency that provides residential and employment supports to individuals with intellectual and/or developmental challenges. It provides 24 hour residential services to 135 individuals in twenty-nine homes within the Metro Region. The newly acquired Metro Employment Services (MES) provides employment supports to sixteen individuals through its can and bottle redemption center and competitive job situations. The individuals served by MRS in both its residential and employment services present a wide-range of abilities and service needs that may require strong behavioral and/or medical supports. In addition to nurses and psychologists, occupational, physical and speech therapists are also actively involved in enriching the quality of people's lives. This is the agency's eleventh survey cycle which includes a Full Licensure and Certification Review of the 24-hour residential services provided at eight homes and three individuals supported through the newly acquired employment services.

Since the last survey conducted in 2014, MRS has undergone significant changes in key positions such as the executive director, several directors of residential supports, long-term residential supervisors, job developers, a vocational instructor and the director of employment services. Some have been replaced with new staff while other positions have been eliminated. It was therefore necessary for the agency to re-think how positions were used and in some cases re-allocate duties and responsibilities. The agency continues to focus on its 2014-2016 Strategic Plan, working towards or meeting the goals that were set forth including successfully incorporating MES into its agency structure, increasing people's satisfaction with services and improving people's home environments. Many of the agency's successes can be directly attributed to the well-developed goals and implementation strategies set forth within its Plan and the hard work of residential and employment staff throughout the organization.

MRS performed extremely well in meeting Licensing expectations. It systematically addressed areas needing improvement that were identified in the previous Residential Licensing survey and had corrected or made significant improvements in all but two indicators. Many of the MRS residential division improvements were in the areas of Health Care; and, effective oversight systems were evident. Medical and medication documentation was found to be accurate and consistent throughout people's records including Emergency Fact Sheets, Medication and Treatment Forms and Health Care Records. Staff were well trained on the unique needs of individuals and preventative health screenings and follow-up medical appointments were consistently occurring. Behavioral data was present in the homes and there was evidence that this data was used to inform the psychiatrist and team members in making medication and behavioral decisions. Homes visited were clean, neat and in good repair; and, maintenance staff were noted to be responsive and thorough. Grants were obtained for energy efficient home improvements and four HUD homes are currently undergoing extensive renovations so as to better adapt to and accommodate individuals' changing needs. In the past two years, the Human Rights Committee has been condensed from three to two and has continued to be effective and comprehensive in review of Human Rights issues.

As recently as the Summer of 2015, MES was Licensed and Certified as an independent agency called, The Waverly Redemption Center. It had and continues to have an effective business partnership with Work, Community, Independence (WCI) that manages the financial, marketing and administrative activities of the business that includes maintaining Department of Labor Certification; cash management, payroll and banking; and facility maintenance. MES had performed quite well during the previous survey. Shortly thereafter, the merge with MRS occurred and findings indicated that even within this period of time, improvements were made. It was noted that the program was responding to the employment needs of individuals. At MES, individuals' skills and aspirations vary greatly, from those just starting into the work world to those now facing the retirement decision. Additionally, many individuals exhibit behaviors that make employment decisions even more challenging. Regardless of individual situations, MES was tailoring jobs and job searches to each person and striving to find work situations to suit the

individual's circumstances. Staff maintained consistent contact with individuals and offered support as needed once jobs were attained. Despite the director vacancy, staff have performed exemplarily, making a huge cultural shift from sheltered employment to individually based supports geared to successful employment.

Within the agency's residential supports, Certification areas were well addressed and staff were offering choice and decision-making opportunities to those served. MRS continues to have a strong and active self-advocacy group, MRS Speaks Out. Another agency strength identified through survey was its emphasis on conducting satisfaction surveys with individuals and using the information obtained to improve services. As a result of individual input, tracks were installed in the ceilings of some homes to increase comfort and safety in lifting people from wheelchairs and rear loading vehicles were purchased. In response to a great number of people's dissatisfaction with the texture and appearance of a ground or pureed diet, extensive work went into creating techniques that were "doable" for staff and that presented an appetizing and flavorful meal. This practice is commendable. The agency also sought out and made use of satisfaction information from families, guardians and other stakeholders. Within employment services, as previously stated, staff worked extensively with individuals to determine job interests, skills and goals and used this information to facilitate successful job placements. There was also ongoing work on interpersonal skills on the job and support in responding to stressful situations that may occur.

Through the survey process, a few areas for further growth and improvement were identified. Environmentally, the water temperatures at some of the homes did not meet required parameters. Also, residentially, more attention is needed toward the timely submission of support strategies and ensuring individual funds do not exceed the required limits. For both residential and employment services, systems need to be more effective in ensuring that data collection and progress notes address the established objectives and support strategies. Although the agency met the residential indicators pertaining to community and relationships, the need for increasing individual access within their communities and forming relationships was identified as an area that could be strengthened. As there were several findings regarding financial accounts that exceeded social security guidelines, it is suggested that funds be utilized for increased exploration in these areas.

In summary, MRS was found to be consistently providing good quality services. Staff at all levels of the organization is congratulated for their dedication and their knowledge of persons' served. The agency met 95% of licensing indicators in the residential service grouping and 98% of licensing indicators in employment. In Certification, 100% of the indicators were met for both residential and employment supports. Therefore, the agency will receive 2 Two-Year Licenses and will complete its own follow-up which is due within 60 days of the Service Enhancement Meeting.

LICENSURE FINDINGS

	Met / Rated	Not Met / Rated	% Met
Organizational	10/10	0/10	
Residential and Individual Home Supports	70/74	4/74	
Residential Services			
Critical Indicators	8/8	0/8	
Total	80/84	4/84	95%
2 Year License			
# indicators for 60 Day Follow-up		4	

	Met / Rated		% Met
Organizational	10/10	0/10	
Employment and Day Supports	37/38	1/38	
Employment Support Services			
Critical Indicators	6/6	0/6	
Total	47/48	1/48	98%
2 Year License			
# indicators for 60 Day Follow-up		1	

Residential Commendations on Standards Met:

Indicator #	Indicator	Commendations
L77	staff are familiar with and trained to support the unique needs of individuals.	A review of the documentation demonstrates extremely effective systems for ensuring staff are trained in the individual's unique medical needs. It was noted that systems were effective in ensuring that the individuals served received routine preventative screenings as well as follow-up medical appointments. Medical documentation was clearly and consistently documented.

Residential Areas Needing Improvement on Standards not met/Follow-up to occur:

Indicator #	Indicator	Area Needing Improvement
	tests between 110 and 130 degrees.	In two of the eight homes surveyed, water temperatures were not within the required parameters. The agency needs to ensure that the water temperatures remain between 110 and 120 degrees.

L69	Individual expenditures are documented and tracked.	In two of the eight individuals surveyed, the amount of the individuals' accounts exceeded the required Social Security limits. The agency needs to ensure that individual accounts are monitored and do not exceed Social Security guidelines.
L87	Support strategies necessary to assist an individual to meet their goals and objectives are completed and submitted as part of the ISP.	In two of the six individuals surveyed, the support strategies were not submitted within the required timeline. The agency needs to ensure that support strategies are submitted to the service coordinator within the required timelines.
L88	Services and support strategies identified and agreed upon in the ISP for which the provider has designated responsibility are being implemented.	In five of the eight individuals surveyed, the data collected and/or progress noted did not address the established objectives and support strategies. The agency needs to ensure that data collection and progress notes address the established objectives and support strategies.

Employment/Day Areas Needing Improvement on Standards not met/Follow-up to occur:

Indicator #	Indicator	Area Needing Improvement
L88	Services and support strategies identified and agreed upon in the ISP for which the provider has designated responsibility are being implemented.	In one of the three individuals surveyed, the data collected and/or progress notes did not address the established objectives and support strategies. The agency needs to ensure that data collection and progress notes address the established objectives and support strategies.

CERTIFICATION FINDINGS

	Met / Rated	Not Met / Rated
Certification - Planning and Quality Management	6/6	0/6
Residential and Individual Home Supports		
Residential Services	14/14	0/14

	Met / Rated	Not Met / Rated
Certification - Planning and Quality Management	6/6	0/6
Employment and Day Supports		
Employment Support Services	18/18	0/18

Planning and Quality Management Commendations on Standards Met:

Indicator #	Indicator	Commendations
C3	The provider actively solicits and utilizes input from the individuals and families regarding satisfaction with services.	The homes were in good repair and maintenance was noted to be responsive when issues occurred. In addition, maintenance was creative in seeking out grants, etc. in order to upgrade homes and make them more energy efficient. The agency responded to the individuals' dissatisfaction with the texture and appearance of ground and pureed diets by doing extensive work in techniques that are "do-able" for staff and that presented appetizing and flavorful meals.

Employment Support Services Commendations on Standards Met:

Indicator #	Indicator	Commendations
C22	Staff have effective methods to assist individuals to explore their job interests.	Employment has extensive systems in place to assist individuals in exploring their job interests. In addition, the agency assists individuals to explore employment possibilities based on their interests. The extent to which individuals are supported to understand and take part in choosing competitive employment options is commendable.

MASTER SCORE SHEET LICENSURE

Organizational: DDS METRO REGION OFFICE

Indicator #	Indicator	Met/Rated	Rating (Met, Not Met, Not Rated)
[₽] L2	Abuse/neglect reporting	12/12	Met
L3	Immediate Action	9/9	Met
L4	Action taken	12/12	Met
L48	HRC	2/2	Met
L65	Restraint report submit	10/12	Met(83.33 %)
L66	HRC restraint review	10/10	Met
L74	Screen employees	3/3	Met
L75	Qualified staff	3/3	Met
L76	Track trainings	20/20	Met
L83	HR training	20/20	Met

Residential and Individual Home Supports:

Ind. #	Ind.	Loc. or Indiv.	Res. Sup.	Ind. Home Sup.	Place.	Resp.	ABI- MFP Res. Sup.	ABI- MFP Place.	Total Met/Rated	Rating
L1	Abuse/neglect training	I	8/8						8/8	Met
L5	Safety Plan	L	8/8						8/8	Met
[₽] L6	Evacuation	L	8/8						8/8	Met
L7	Fire Drills	L	8/8						8/8	Met
L8	Emergency Fact Sheets	I	7/8						7/8	Met (87.50 %)
L9	Safe use of equipment	L	8/8						8/8	Met
L10	Reduce risk interventions	I	1/1						1/1	Met
[₽] L11	Required inspections	L	8/8						8/8	Met
[₽] L12	Smoke detectors	L	8/8						8/8	Met
[₽] L13	Clean location	L	8/8						8/8	Met
L14	Site in good repair	L	5/5						5/5	Met
L15	Hot water	L	6/8						6/8	Not Met (75.00 %)
L16	Accessibility	L	8/8						8/8	Met
L17	Egress at grade	L	8/8						8/8	Met
L19	Bedroom location	L	8/8						8/8	Met
L20	Exit doors	L	8/8						8/8	Met
L21	Safe electrical equipment	L	8/8						8/8	Met
L22	Clean appliances	L	7/8						7/8	Met (87.50 %)
L23	Egress door locks	L	6/6						6/6	Met
L24	Locked door access	L	3/3						3/3	Met
L25	Dangerous substances	L	8/8						8/8	Met
L26	Walkway safety	L	8/8						8/8	Met

	L28	Flammables	L	8/8			8/8	Met
	L29	Rubbish/combustibles	L	8/8			8/8	Met
	L30	Protective railings	L	5/5			5/5	Met
	L31	Communication method	I	8/8			8/8	Met
	L32	Verbal & written	I	8/8			8/8	Met
	L33	Physical exam	I	8/8			8/8	Met
	L34	Dental exam	I	8/8			8/8	Met
	L35	Preventive screenings	I	8/8			8/8	Met
	L36	Recommended tests	I	8/8			8/8	Met
	L37	Prompt treatment	I	7/7			7/7	Met
Po	L38	Physician's orders	I	6/6			6/6	Met
	L39	Dietary requirements	I	7/7			7/7	Met
	L40	Nutritional food	L	8/8			8/8	Met
	L41	Healthy diet	L	8/8			8/8	Met
	L42	Physical activity	L	8/8			8/8	Met
	L43	Health Care Record	I	8/8			8/8	Met
	L44	MAP registration	L	8/8			8/8	Met
	L45	Medication storage	L	8/8			8/8	Met
Po	L46	Med. Administration	I	8/8			8/8	Met
	L47	Self medication	I	6/6			6/6	Met
	L49	Informed of human rights	İ	8/8			8/8	Met
	L50	Respectful Comm.	L	8/8			8/8	Met
	L51	Possessions	I	8/8			8/8	Met
	L52	Phone calls	I	8/8			8/8	Met
	L53	Visitation	I	8/8			8/8	Met
	L54	Privacy	L	8/8			8/8	Met
	L55	Informed consent	I	1/1			1/1	Met
	L56	Restrictive practices	I	1/1			1/1	Met
	L57	Written behavior plans	İ	1/1			 1/1	Met
	L58	Behavior plan component	I	1/1			1/1	Met

L59	Behavior plan review	I	1/1			1/1	Met
L60	Data maintenance	I	1/1			1/1	Met
L61	Health protection in ISP	I	8/8			8/8	Met
L62	Health protection review	I	7/8			7/8	Met (87.50 %)
L63	Med. treatment plan form	-	6/7			6/7	Met (85.71 %)
L64	Med. treatment plan rev.	I	7/7			7/7	Met
L67	Money mgmt. plan	I	8/8			8/8	Met
L68	Funds expenditure	I	8/8			8/8	Met
L69	Expenditure tracking	I	6/8			6/8	Not Met (75.00 %)
L70	Charges for care calc.	I	8/8			8/8	Met
L71	Charges for care appeal	I	8/8			8/8	Met
L77	Unique needs training	I	8/8			8/8	Met
L78	Restrictive Int. Training	L	2/2			2/2	Met
L79	Restraint training	L	1/1			1/1	Met
L80	Symptoms of illness	L	8/8			8/8	Met
L81	Medical emergency	L	8/8			8/8	Met
₽ L82	Medication admin.	L	8/8			8/8	Met
L84	Health protect. Training	I	8/8			8/8	Met
L85	Supervision	L	8/8			8/8	Met
L86	Required assessments	Ι	7/7			7/7	Met
L87	Support strategies	I	4/6			4/6	Not Met (66.67 %)
L88	Strategies implemented	I	3/8			3/8	Not Met (37.50 %)
#Std.						70/74	

Met/# 74 Indicator						
Total Score					80/84	
					95.24%	

Employment and Day Supports:

	Ind. #	Ind.	Loc. or Indiv.	Emp. Sup.	Cent. Based Work	Com. Based Day	Total Met / Rated	Rating
	L1	Abuse/neglect training	I	3/3			3/3	Met
	L5	Safety Plan	L	1/1			1/1	Met
Po	L6	Evacuation	L	1/1			1/1	Met
	L7	Fire Drills	L	1/1			1/1	Met
	L8	Emergency Fact Sheets	I	3/3			3/3	Met
	L9	Safe use of equipment	L	1/1			1/1	Met
Po	L11	Required inspections	L	1/1			1/1	Met
þ	L12	Smoke detectors	L	1/1			1/1	Met
Po	L13	Clean location	L	1/1			1/1	Met
	L14	Site in good repair	L	1/1			1/1	Met
	L15	Hot water	L	1/1			1/1	Met
	L16	Accessibility	L	1/1			1/1	Met
	L17	Egress at grade	L	1/1			1/1	Met
	L18	Above grade egress	L	1/1			1/1	Met
	L20	Exit doors	L	1/1			1/1	Met
	L21	Safe electrical equipment	L	1/1			1/1	Met
	L22	Clean appliances	L	1/1			1/1	Met
	L25	Dangerous substances	L	1/1			1/1	Met
	L26	Walkway safety	L	1/1			1/1	Met
	L29	Rubbish/combustibles	L	1/1			1/1	Met
	L30	Protective railings	L	1/1			1/1	Met

1	1					I I
L31	Communication method	1	3/3		3/3	Met
L32	Verbal & written	1	3/3		3/3	Met
₽ L38	Physician's orders	I	1/1		1/1	Met
L49	Informed of human rights	1	3/3		3/3	Met
L50	Respectful Comm.	L	1/1		1/1	Met
L51	Possessions	I	3/3		3/3	Met
L52	Phone calls	I	3/3		3/3	Met
L54	Privacy	L	1/1		1/1	Met
L72	DOL requirements	I	3/3		3/3	Met
L73	DOL certificate	L	1/1		1/1	Met
L77	Unique needs training	I	3/3		3/3	Met
L80	Symptoms of illness	L	1/1		1/1	Met
L81	Medical emergency	L	1/1		1/1	Met
L85	Supervision	L	1/1		1/1	Met
L86	Required assessments	I	1/1		1/1	Met
L87	Support strategies	I	2/2		2/2	Met
L88	Strategies implemented	Ī	2/3		2/3	Not Met (66.67 %)
#Std. Met/# 38 Indicator					37/38	
Total Score					47/48	
					97.92%	

MASTER SCORE SHEET CERTIFICATION

Certification - Planning and Quality Management

Indicator #	Indicator	Met/Rated	Rating
C1	Provider data collection	1/1	Met
C2	Data analysis	1/1	Met
C3	Service satisfaction	1/1	Met
C4	Utilizes input from stakeholders	1/1	Met
C5	Measure progress	1/1	Met

C6 Future directions planning	1/1	Met
-------------------------------	-----	-----

Employment Support Services Reviewed By -DDS

Indicator #	Indicator	Met/Rated	Rating
C7	Feedback on staff performance	3/3	Met
C8	Family/guardian communication	3/3	Met
C22	Explore job interests	3/3	Met
C23	Assess skills & training needs	3/3	Met
C24	Job goals & support needs plan	3/3	Met
C25	Skill development	3/3	Met
C26	Benefits analysis	2/2	Met
C27	Job benefit education	3/3	Met
C28	Relationships w/businesses	1/1	Met
C29	Support to obtain employment	3/3	Met
C30	Work in integrated settings	2/2	Met
C31	Job accommodations	3/3	Met
C32	At least minimum wages earned	3/3	Met
C33	Employee benefits explained	3/3	Met
C34	Support to promote success	3/3	Met
C35	Feedback on job performance	3/3	Met
C36	Supports to enhance retention	3/3	Met
C37	Interpersonal skills for work	3/3	Met

Residential Services Reviewed By -DDS

Indicator #	Indicator	Met/Rated	Rating
C7	Feedback on staff performance	7/8	Met (87.50 %)
C8	Family/guardian communication	8/8	Met
C9	Personal relationships	7/8	Met (87.50 %)
C10	Social skill development	8/8	Met
C11	Get together w/family & friends	8/8	Met
C12	Intimacy	5/6	Met (83.33 %)
C13	Skills to maximize independence	8/8	Met
C14	Choices in routines & schedules	8/8	Met

C15	Personalize living space	8/8	Met
C16	Explore interests	7/8	Met (87.50 %)
C17	Community activities	8/8	Met
C18	Purchase personal belongings	8/8	Met
C19	Knowledgeable decisions	8/8	Met
C20	Emergency back-up plans	8/8	Met